The North Central Region presents:

Taichiro Kaijima Seminar: "Kata Transitions and Kumite Strategies"

Sensei Taichiro Kaijima, 5th Dan 10-time U.S. National Champion and internationally certified coach and instructor

When: November 1-2, 2019 Friday night: **"Kata Transitions"** 5-8pm Saturday morning: **"Kumite Strategies I"** 9-noon Saturday afternoon: **"Kumite Strategies II"** 1-4 pm

Saturday lunch available for about \$5.

Where: Midwest Karate-Minneapolis 1200 Plymouth Ave N Minneapolis, MN 55411



Fee*: Early Registration: Individual: Full seminar \$120; 1 session \$60 Same Day Registration: Individual: Full seminar \$140; 1 session \$70

* See Website for Reduced Family and Student Rates.

All Ranks are invited!

Shodan and Nidan Dan Examinations: Saturday 4:30 pm

Register on-line (discount) or at-the-door http://ncr-aakf.org

Traditional Karate North Central Region



Regional Representatives of the AAKF