

Year V. n°19 revistabudo.com.br

Budo



Combat Sports



Paulo Wanderley Teixeira
Leaves a victorious legacy

In a victorious event FPJ receives 314 candidates in Graduation exam

Valeria Kumizaki is the world karate vice champion



Brasil 4
X
Colômbia 1

Shotokan Academy

38 years forming champions and good citizens



SHOTOKAN ACADEMY

38 years forming champions And citizens of good

*More than a school of champions,
Shotokan is known as an international
reference in social programs.*

SOURCE IMPRENSA A.SHOTOKAN | PHOTOS CHARLES STIHL e ARQUIVO

For 38 years the Shotokan Karate Central American Association, better known as the Shotokan Academy, has been building a story of increasing success with responsibility, persistence, respect for others and a desire to change the lives of many people. Founded in January 1979, today affiliated to the Confederation of Traditional Brazilian Karate (CTBK), it is under the command of sensei José Humberto de Souza, civil engineer, black belt 7th DAN, international referee class A, supported by his team and partners.

More than 20 thousand people have already been directly benefited by the social projects developed by it. Children and adolescents who were on the way to marginality today find themselves consolidated as good men and women, some of them developing what they learned there from their own projects.

The Shotokan Academy is a world reference for traditional karate-do as tatami champions former, but the greatest legacy is the lives transformed through the philosophical principles inherent in this art and passed on by the team of professionals with a lot of competence and commitment and are Doors open to anyone who wants to learn.

The sensei José Humberto recognizes that "no work is carried out with efficiency and relevant results without a good team, either in front of the work or in the rear". Shotokan counts on trained and committed professionals and volunteers who wear the shirt, face the challenges, strengthen themselves in difficulties and dignify the name and work of the institution.

"In thanks to the whole team," says the sensei, "I want to highlight some people who help me every day in the wonderful task of collaborating with the formation of our Karate: Vilda Aparecida Lúcio, Rodrigo Lúcio de Souza, Renato Lúcio de Souza, Adairce Castanhetti, Celestina Marques da Silva e Silva, Maria Conceição Pereira de Sousa, Danielle Lima, Ângela Maria Lúcio de Souza, Thiago Lima Antônio, Cleyton Júnior do Nascimento and Erick David dos Santos.

OVERCOMING AND IMPROVING

Sensei José Humberto began practicing karate at age 12 at the Takey academy in Uberlândia (MG), with the intention of using it as an instrument of defense in the fights in which he was involved with a certain frequency at the time. However, the result reversed: the change in behavior was immediate and radical. The impact of the philosophical foundations inherent in karate has made him a determined and disciplined young man.

"From the day I started in karate, my life changed, I never fought again, I never had any problems with anyone else, I stopped conquering enemies to build friends, it was as if I had changed my city, my friends, everything. I owe a lot to my sensei Rui Barbosa Parente, with whom I trained from the first day until July 1975, when I moved to Cuiabá (MT) to study civil engineering and disseminate karate.

While attending college, he sought to improve himself in karate by studying and

refining his knowledge and techniques with masters of national and international renown. Among them, José Humberto quotes Oswaldo Mendonça Jr., Antonio Flávio Testa, Yasuyuki Sasaki, Luiz Tasuke Watanabe, Yasutaka Tanaka, Hiroyasu Inoki, Yoshizo Machida, Juichi Sagara, Taketo Okuda, Higashino, Sadamu Uriu, Kazuo Naganime, Ênio Vezulli, Johannes Freiberg Neto, Ugo Arrigoni Neto, Robson Maciel, Ronaldo Carlos, Hidetaka Nishiyama, Hiroshi Shirai, Yoshiharu Osaka, Masahiko Tanaka, Oishi Takeshi, Masao Kawasoe, Kenro Kurasako, Masaaki Ueki, Abe, Otta, Michio Yahara, Yamamoto, Katsumili, Katsuya Ishiyama, Eligio Contarelli, Rick Jorgensen, Włodzimierz Kwieciński, Justo Gomez, Nelson Carrión, Marcos Moron and Masaaki Yokomichi.

Sensei José Humberto declares himself privileged to have been the only Brazilian to train for 16 consecutive years with shihan Hidetaka Nishiyama, founder of traditional karate-do. This relationship began in 1991, when he was part of a Brazilian team that played the Pan-American championship in

Mexico. There he participated in the first arbitration course taught by Shihan Hideishi Nishiyama decided to go deeper, including doing the official translation into Portuguese of the competition rules book written by shihan Nishiyama. Qualified, sensei José Humberto joined the ITKF umpire board, acting in all national and international events.

Years of learning and professional maturation alongside Nishiyama shihan provided knowledge and much study material to José Humberto, which qualified him to serve as an arbitration director for many years at CTBK and to conduct numerous courses, lectures and seminars at Brazil and abroad.

Determination and experience have elevated Shotokan as an efficiency sport at the regional and national levels, which led José Humberto to leave his career as a civil engineer to dedicate himself exclusively to traditional karate-do. As a result, Shotokan entered history as the Brazilian academy that won the most titles in the sport.

MORE THAN SPORTS

Over time, other challenges have arisen and Shotokan's team of professionals resolved in 2000 to invest energy and knowledge in social projects - a watershed in the work of the academy and in the lives of thousands of Mato Grosso families. The actions were aimed at restoring order, discipline, rescuing dignity and strengthening family bonds.

A pilot project was developed at a municipal school that at the time was under intervention and had serious problems of violence, bad behavior, high levels of aggression, lack of discipline, lack of hygiene, lack of concentration, low rate of learning and stay in the classroom, as well as repetition and gang formation within the school.

However, it was an absolute success. In a few months the positive results were already impressive and the comments crossed borders, drawing attention from countries like Japan, Argentina, Paraguay, Chile and Colombia, who sent representatives to Brazil to know the work developed with these children and adolescents

"After the introduction of karate in school, children improved considerably in discipline and even in affection between them. School performance increases, children stay longer in the classroom, dropout has decreased and repetition, for the preliminary statistics that we have, this year will be much lower," says Mara Fernanda Florencio, director of the College CAIC-VG, in which the pilot project was implemented.

Francisca Souza de Oliveira, a professor at the CAIC, says the students have completely changed and realized that they may be able to live in a better world. "In their first step in karate, they learn discipline and master the violence within them. The various gangs that fought in the hallway were transformed. They began to watch and influence colleagues to change behavior

SHE IS MARVELOUS

This project was very important and motivated the whole team to dedicate themselves to social actions, especially thanks to the dedication and commitment

of the social director, sensei Vilda Aparecida Lúcio, physical education professional, black belt 5º dan, specialist in early childhood education. She is involved in the design of projects and the search for partnerships to take care of an increasing number of children, adolescents and young people in situations of social and personal vulnerability.

Vilda recognizes in karate a powerful educational tool whose philosophical and disciplinary principles contribute positively to the formation of the character of the human being, working concomitantly the corporal, mental and spiritual capacities, tripod that balances the human being.

In order to contribute with other entities that work in the social area, sensei Vilda, accepted to be part of the Municipal Council for the Rights of Children and Adolescents (MCRCA), the Municipal Council of Sports and Public Recreation (MCS-PR) and the Municipal Council Of Education (MCE). All of this became a mission for Aunt Vilda, affectionately defined by many as "the ultimate"



Entrepreneur Roberto Motta, from Agro Amazônia, with students from Shotokan



Shotokan athletes and the project with the medals won in the Brazilian champions hip held in Natal (RN) in 2016



Karatê-Dô students Sports and citizen ship doing kata



Shotokan staff and volunteers-----

www.revistabudo.com.br



Sensei Vilda and students from EMEB Tereza Lobo



Emanuely Pereira de Sousa Lima, athlete from project in Peninha Verde School



Launch of Criança Esperança in Cuiabá - 2014

CLEARING PATHS

The positive results opened doors for other projects and partnerships were signed, expanding the number of beneficiaries. In 2007 came "traditional Karate-Do Sport and Citizenship", registered trademark of all projects since.

In 2010, with the registration of the Municipal Council for the Rights of Children and Adolescents (MCRCA), the Shotokan Association was able to participate in some public announcements, achieving success in all: Agro Amazônia Agricultural products, Mon Bijoux, Brazilian bak foundation, Cuiabá prefecture / Municipal Secretary for Social Assistance and Human Development, Municipal Council for the Rights of Children and Adolescents (MCRCA), - Municipal Sports and Recreation Council (MSRC), Unesco, André Maggi Foundation and Iharabras S / A.

José Rodrigues Rocha Júnior, Secretary of Social Assistance of the city of Cuiabá, praises the work. "What children are able to absorb and bring into their personal lives goes beyond sports victories. We believe in this part-

nership with a Shotokan, and we intend to continue for the next few years, God willing."

The vice president and commercial director of Agro Amazônia agricultural products, Roberto Motta, also believes in social development as a guarantee of a sustainable future. "That's why we decided to be partners in Karate-Do Traditional Sports and Citizenship. Through this project, countless children learn important values, such as respect, especially to the elders, civility and education. In addition to contributing to the formation of suitable character, the project has the sporting aspect, which is essential for the development of human values and better quality of life."

In May of 2015 part of Agro Amazônia was acquired by the Japanese multinational Sumitomo Corporation. Japanese executives have been sensitized to Shotokan's cause and have shown an interest in further strengthening the initiative.

At the end of 2016, Iharabras, a company specializing in agriculture, met the Shotokan project, and was impressed by the positive

results, and decided to join forces, which will allow the expansion of the service to 2017.

CRIANÇA ESPERANÇA (CHILD HOPE)

One of the most significant partnerships took place in 2014, when the Shotokan Association received support from Unesco in partnership with Rede Globo and the Criança Esperança (Child Hope) program. This partnership brought to the Karate-Do Traditional Sport and Citizenship Project and the Shotokan Association more visibility and recognition of what it had already achieved as a performance sport, as well as its credibility.

In a letter signed by Luciana Amorim, project officer for the Human and Social Sciences Sector, Unesco quoted that "a successful partnership with traditional karate guaranteed the citizenship of more than 200 children, adolescents and young people, a fact that reduced evasion School and improved the didactic performance, also providing health and well-being through the practice of physical exercises and reflection

of values of the practice of a martial art. "The letter also says that" in a monitoring visit to the project, the team Of Unesco was able to verify the excellence of the work carried out by Shotokan, as well as the social impact generated in the beneficiary community."

In 2016, Judge Flávio Canto visited Shotokan, accompanied by a team from the Globo TV program called "Fantastico" and was delighted with the project, with the children and with the results presented. According to him, Shotokan "is not a place of transformation, it is a place of transformers. Everyone who has here transformed life for the better becomes immediately a transformer, because it is natural to want to pass on everything that has been learned to other people; So it is a current of good that makes all the difference."

STUDENTS BECOME TEACHERS

Beneficiaries who have transformed their lives, become responsible and productive, have chosen to give back to the project the good, dedication and respect they have received there, transforming

themselves into karate teachers and helping to give new direction to the lives of children and Adolescents.

This is the case of Cleyton Júnior Lima do Nascimento, who began practicing karate with 8 years in a social project and today is part of the Shotokan team, in which he acts as an athlete and teacher. Training with sensei Humberto was a dream that cherished. "I was a kid yet, I wanted my karate to get better and I knew I could only do it if I went to Shotokan academy. I am always grateful to the sensei José Humberto for the opportunity he gave me to train with him and his team, to build my life in karate, improving my practice teaching, teaching what I learned here in those 17 years."

Thiago de Lima Antonio has become one of the best efficiency athletes in the world and today is a teacher in the project. His only sadness is his father, who would like him to become a football player, to have died before seeing him become world champion. "It's been 12 years since my father passed away. He saw in football the possibi-

lity of me stabilizing financially. On the contrary, nowadays, everything I have I owe to karate, which I started practicing when I was little and made me see other horizons."

Acivaldo Carlos da Silva Júnior and Gabriel Victor da Silva started the project at the age of 7. Now 13 and 10 years old, they make it a point to go to the academy once a week as volunteers to help "Aunty Vilda" with the Santa Rita Asylum girls, teaching the beginners what they have already learned, feeling proud of this activity.

SCHOLARSHIPS IN PRIVATE SCHOOL

It is not enough to be a good athlete to be part of social projects, being a good student is fundamental. Some have the possibility to study in a private school of quality at no cost to the parents. This is the case of Emanuely Pereira de Sousa Lima, who for three years studied with an integral scholarship at the Peninha Verde school and is currently at the School "Key of Knowledge" (SKK), a partner of Shotokan.



Members of the teams André And Lúcia Maggi and Shotokan Association



Celestina, Vilda and José Humberto receiving the Best Impacts awards 2016



Leaders and winners of the André and Lucia Maggi prize 2016



Sensei José Humberto teaching for black belts in Chile-2015

Sueli Barbosa dos Reis, director of the school, recalls that this partnership is about 15 years old. "When we thought about introducing fighting, I was concerned that teachers had only practice, without any theoretical knowledge, that did not understand our purpose."

When she talked to sensei José Humberto, however, the director soon realized that he had found everything he wanted. "From then on, the Shotokan academy has only proved to us the excellence of its work, renewed our credibility and increased our respect. Today, no longer for the simple sports practice, but for the social projects that it has developed, for the way it sees and promotes the human being. I see that one of the great concerns of the academy is to teach the child, above all, that the greatest fight that we have to overcome is the fight with life."

Professor Sueli is proud to be able to contribute to the project. "In addition to seeking the scholarship, the academy is committed to following the progress of

the student. In these 20 years of school, I can say without fear of making mistakes that we are blessed by this partnership. I congratulate Shotokan and all his collaborators for the opportunity to have a commander of the size of sensei José Humberto."

BEST IMPACTS AWARD

In December 2016 Shotokan received the award launched by the André and Lúcia Maggi Foundation in the Best Impacts category, aimed at projects whose actions have achieved more significant results with the beneficiaries. The organization was recognized for its discipline of control and methodology in its sports activities in an educational and social inclusion.

Social supervisor Aletéa Rufino of the André Maggi Foundation praised Shotokan's work as an example to be followed, demonstrating a high performance in identifying its central problem with the public served and defining well

its actions to achieve satisfactory results. "It demonstrated a differentiated teamwork, which promotes the engagement of many partners to make the work happen."

The year 2016 was atypical, the crisis that devastated our country was also reflected in the financial support for the projects, which decreased considerably. However, despite the difficulties, the sensei José Humberto and team persisted tirelessly in search of partnerships to continue attending as many children and adolescents as possible.

SHARING KNOWLEDGE AROUND THE WORLD

National and international courses and seminars have become routine for José Humberto sensei. The eagerness to learn is so great as to share the vast knowledge gained over the 47 years dedicated to karate.

Sensei Veronica Mora of Chile is grateful for the availability and generosity with which sensei José Humberto shares his

knowledge both in the courses based in his country and in the visits to Shotokan in Cuiabá, defining it as a source of inspiration for many athletes.

"I was invited many times, with my team, to participate in the international events organized by Shotokan in Cuiabá. We always feel at home, dear and welcomed by the sensei José Humberto and his students and we are grateful for these enriching experiences, which left marks especially on children. In November of 2015, when he was in Chile, he was received by more than 100 karatecas and for days we were able to enjoy his teachings and his generosity."

Sensei Nilton Aurimar Tibúrcio de Souza, president of CKTB, highlights the importance of sensei José Humberto for the strengthening of karate inside and outside Brazil. "The sensei José Humberto is a reference in traditional karate-do, acting as coach in the first Brazilian championship of the sport and forming several Brazilian, Pan-American and world cham-

pions. Thanks to him and his team, Mato Grosso karate has become a reference in social projects that keep young people from social risk."

His work is also recognized in the United States. Sensei and athlete Jaime Vieira says that sensei José Humberto may have been the most developed in art, always very focused on practical training. "In addition to the excellent technical quality, she excelled very quickly because of his dedication and dedication as a high level athlete in the competitions. I was impressed to see how his technique is improved in finding him here in the United States, where he came to give seminars of karate-do."

Also in Colombia the seminars of sensei José Humberto are highly anticipated. Sensei Rodrigo Delgado is keen to be present whenever possible. "The international recognition of the work of sensei José Humberto as referee Class A is indisputable, not only because of his deep knowledge of the rules of compe-

tion, but also because of his impartiality in applying them. Since 2013, I decided to follow him as close as I could, in Cuiabá or in Bogota. I have been trying to spend at least a week at the Shotokan Academy every year, accompanied by some of my students," says the Colombian sensei.

He also highlights the human and social values of José Humberto. "In my visits, I have received hours of training and study of traditional karate-do and I was able to know his great capacity for work and delivery to his social projects, and his fight to build a better world."

The technical quality, human value and love of karate demonstrated by sensei José Humberto are indisputable, characteristics inherited by his son and disciple Rodrigo Lúcio de Souza who, following in his father's footsteps, taught on the other side of the world what he learned from His master.



Senseis José Humberto, Rodrigo Delgado and Carolina Correal in Colombia



Senseis Rodrigo Lúcio, José Humberto, Flavio Canto and Adairce Castangetti



Senseis Yasuiki Sasaki and José Humberto at the 9th world champions hip in Warsaw (Poland) in 1998



Senseis José Humberto and eTasuke Watanabe with shihan Hidetaka Nishiyama



2016 World Champions hips held in Poland



Nilton Aurimar de Souza, CKTB president with the referee Ana Cristina and José Humberto



Jaime Vieira (USA) in a course Taught by José Humberto in Atlanta 2016



Sensei Takey and José Humberto with Rui Parente



Sensei Thiago Lima refereeing brazilian champions hip 2016



Shotokan Athletes and Students with the team in "Fantástico" 2015



Sensei José Humberto, teaching in Bogotá, Colombia, 2015



Delivery of examination certificates to Rodrigo sensei's students in Dubai Karatê Centre



Sensei Rodrigo Lúcio de Souza and Dr. Nicandro Figueiredo in Dubai



Rodrigo de Souza and his wife Graciele Souza Furquim



Senseis José Humberto and Veronica Mora in Chile

OLYMPICS: AN HONOR AND A CHALLENGE

With the inclusion of karate at the Tokyo Olympics in 2020, a new era opens up for the sport. Budo magazine made it a point to talk to sensei José Humberto de Souza about expectations for the next four years.

How do you see the inclusion of karate in the Olympic program?

An honor for the sport, practitioners and especially for high level athletes, since the olympics are the biggest sporting event in the world, it is a dream for every athlete to perform on this gigantic stage. now, this dream can become a reality for karate people as well. therefore, it is of the utmost importance

to participate in this great celebration.

Sensei Nishiyama, founder of traditional karate did not see this inclusion with good eyes. What do you think?

It is not a question of not welcoming the inclusion of karate in the Olympic Games, as this is a victory and I fully support it. In my opinion, leaders should seize the opportunity to show that karate, even in an Olympic contest, manages to retain the essence of Japanese martial arts on a foundation and philosophical principles in which the educational focus is a priority and that the fight (shiai) is for Test the daily progress of each athlete and coach. Let the motto of karate be valued and put into practice.

Is WKF prepared to lead this initiative?

Yes, I understand and recognize that their leaders have been strategically and politically competent with the IOC and deserve our respect. However, they should

TRADITIONAL KARATE IN THE UNITED ARAB EMIRATES

At the end of 2015, neurosurgeon Nicandro Figueiredo Neto, who lives and works in Dubai, began a major effort to bring the sensei Rodrigo Lúcio de Souza to the dojo he frequents, the Dubai Karate Center (DKC), the oldest from the country. When the opportunity arose, the Shotokan Academy held a seminar in which the sensei Rodrigo was able to demonstrate his knowledge to the local students and teachers.

Four months later, sensei Rodrigo was hired by the DKC and moved to Dubai with his wife and Karate Graciele Furquim Lúcio de Souza to finally work as a sensei and deploy the traditional WTKF karate-do in the United Arab Emirates.

Sensei Rodrigo teaches classes three times a week at the DKC and twice a week at the Dubai International Academy (DIA). Already in a few months of work he has completed the first graduation exam to 3º kyu (brown 3) at the end of 2016. By 2017 several events are planned, such as graduation exams and seminars, including his father, who travels to Dubai with his family in March. **E**

seek alternatives to enable the participation of affiliated athletes to other organizations.

How do you and your students plan to fit into this new variant of high-performance karate?

By familiarizing ourselves and studying deeply the rules, techniques and arbitration, from courses, exchanges, didactic materials, an adequate training program and volume of competitions.

What are the benefits that Olympism will bring to Karate as a whole?

Greater visibility, financing of public power and private initiative and, consequently, an increase in the number of practitioners and a lot of motivation for athletes, coaches, referees and leaders who, naturally, will seek the means to qualify and reach the apex of their careers.

TITLES WON UNTIL THE END OF 2016 BY THE SHOTOKAN ASSOCIATION, UNDER THE TECHNICAL COMMAND OF SENSEI JOSÉ HUMBERTO DE SOUZA

ADULT WORLD TRICAMPE

7th World Championship / Treviso / Italy - 1994

10th World Championship / Bologna / Italy - 2000

15th World Championship / Curitiba / Brazil - 2010

BICHAMPION WORLD JUNIOR-YOUTH

1st Junior-Juvenile World Cup / São José dos Pinhais / Brazil - 2001

2nd Junior / Juvenile World Cup / Curitiba / Brazil - 2010

CAMPEÃ DA COPA MUNDIAL

International Traditional Karate Camp '96 / San Diego / EUA - 1996

3 TIMES VICE-WORLD CHAMPION

6th World Championship / Montreal / Canada - 1992

8th World Championships / São Paulo / Brazil - 1996

18th World Championship / Krakow / Poland - 2016 - WTKF

4 TIMES WORLDWIDE

9th World Championship / Warsaw / Poland - 1998

11th World Championships / Belgrade / Yugoslavia - 2002

14th WORLD CHAMPIONSHIP / Vilnius / Lithuania - 2008

3rd PLATED JKA WORLD CUP (Shotokan style)

8th JKA World Cup / Tokyo / Japan - 2000

LUSO-BRASILEIRA COPY CHAMPION

1st Luso-Brazilian Cup / City of Amadora / Portugal - 2002

11 TIMES PAN AMERICAN CHAMPION

8th Pan American Championship / Mayaguez / Puerto Rico - 1993

9th Pan American Championship / Buenos Aires / Argentina - 1995

10th Pan American Championship / Bogota / Colombia - 1997

11th Pan American Championship / Winnipeg / Canada - 1999

12th Pan American Championship / Santiago / Chile - 2001

13th Pan American Championship / Goiânia / Brazil - 2003

14th Pan American Championship / Lima / Peru - 2007

15th Pan American Championship / Cuiabá (MT) / Brazil - 2009

16th Pan American Championship / Santiago / Chile - 2011

17th Pan American Championship / Formosa / Argentina - 2013

18th Pan American Championship / Natal (RN) / Brazil - 2015 - WTKF

PAN-AMERICAN JUNIOR-YOUTH CUP CHAMPION

1st Pan American Junior-Juvenile Cup / Goiânia / Brazil - 2003

BICAMPEÃ SUL-AMERICANA INTERCLUBES

Interclube International Tournament / Curitiba / Brazil - 1996

Interclube International Tournament / Buenos Aires / Argentina - 2003

BICAMPEÃ SUL - SOUTH AMERICAN SHOTOKAN STYLE (JKA)

South American Intercontinental Championship Shotokan (JKA) / Encarnación / Paraguay - 2000

South American Intercontinental Championship Shotokan (JKA) / Santiago / Chile - 2002

INTERNATIONAL FRIENDLY TOURNAMENT

1st International Friendly Tournament - Brazil / Argentina / Chile / Cuiabá (MT) / Brazil - 2002

2nd International Friendly Tournament - Brazil / Paraguay / Chile - Cuiabá (MT) / Brazil - 2007

3rd International Friendly Tournament - Brazil / Paraguay / Chile - Cuiabá (MT) / Brazil - 2008

CAMPEÃ - GASHUKU CHAMPION AND INTERNATIONAL TOURNAMENT

Gashuku and Nishiyama Master International Tournament - São Paulo (SP) / Brazil - 1996

23 TIMES JUNIOR-YOUTH BRAZILIAN CHAMPIONSHIP

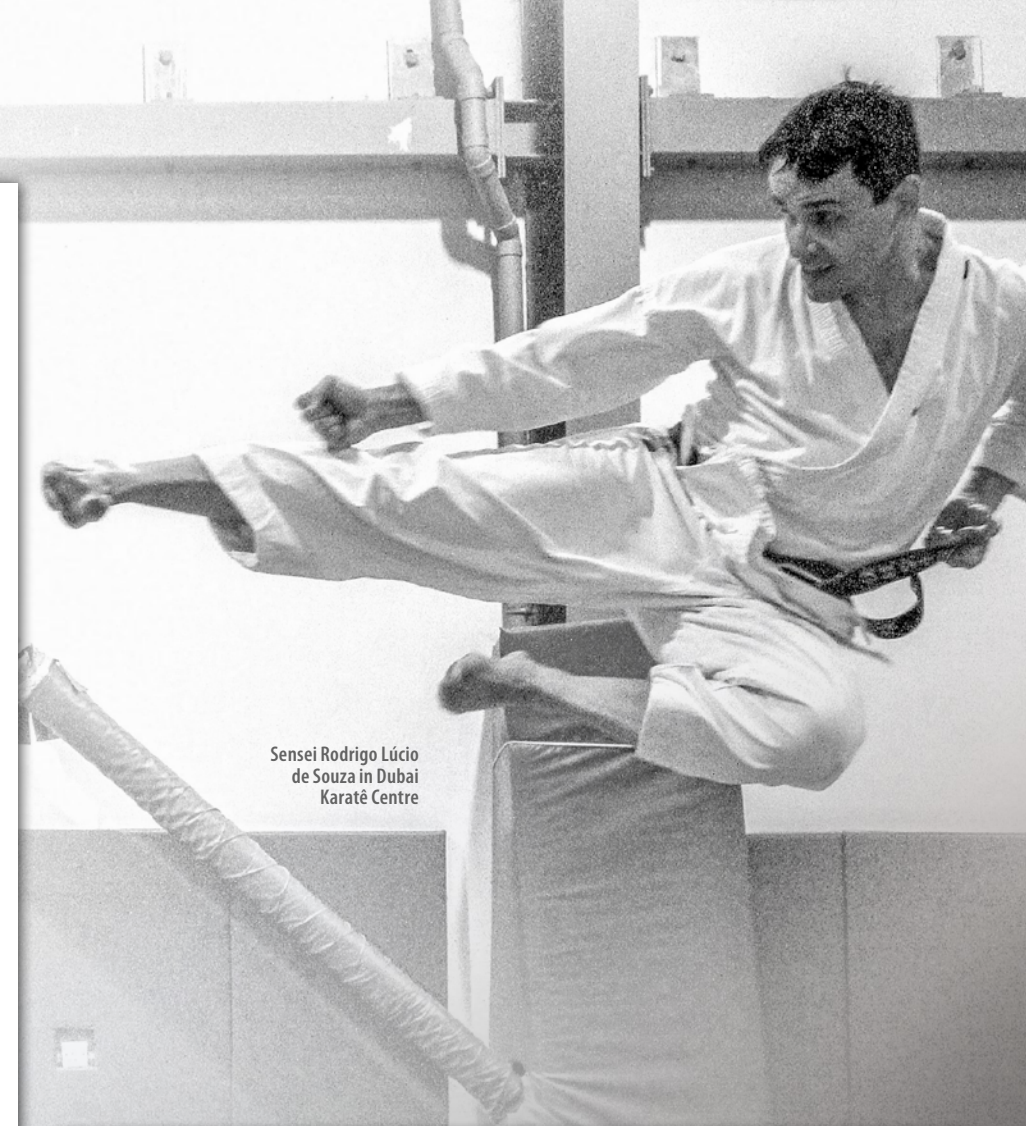
21 TIMES BRAZILIAN CHAMPIONSHIP INDIVIDUAL FEMALE CATEGORY

17 TIMES ADULT GENERAL BRAZILIAN CHAMPION

BICAMPEÑACIONAL 2015 E 2016 (CKTB)

CENTRAL WEST POINT

NATIONAL GASHUKU TETRACAMPE



Sensei Rodrigo Lúcio de Souza in Dubai Karatê Centre

PARTNERS OF THE SHOTOKAN ASSOCIATION



Mon Bijoux



We are proud to welcome

Sensei José Humberto de Souza

(Traditional Karate-Do Shotokan Black Belt, 7th Dan WTKF and 3rd Dan IKA)

to the Dubai Karate Centre for a FREE karate workshop

March 7-9 from 5-7pm

All our members are welcome to join and support the growth of our sport and maintain the energy and spirit of our dojo

Please register with Girish, Club Secretary

Tel: 04-3447797, Mob: 050-8557996, Email: dxkarate@emirates.net.ae



dubaikaratecentre

www.dubaikarate.com



@dubaikarate



/ShotokanAcademia



@Shotokan_BR



@shotokan_br



Shotokan Academia



www.shotokan.com.br



shotokan@terra.com.br



karatetradicional