



AAKF 60th National Championships

Sanctioned by the American Amateur Karate Federation Hosted by the AAKF Mid Atlantic Region

REGISTRATION, WAIVER AND MEDICAL RELEASE

(Return to Regional Director by May 21, 2023)

Events

Name: AAKF 60th National Championships
AAKF 11th Youth National Championships
AAKF 8th Adult Kyu National Championships
AAKF International Camp and Judges'
Seminar

Location: St. Joseph's Church School Gymnasium,
750 Peachtree Street, Herndon, Virginia

Date: June 21-24, 2023

Participant Information (please print)

Name: _____ Age _____ Gender _____
(on date of competition)

Parent / Legal Guardian Name (under age 18) _____

Street Address _____

City _____ State _____ Phone _____

Emergency Contact Name _____ Phone _____

Street Address _____

City _____ State _____ Zip _____



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My Present Health History:

Name _____

Please check all that apply:

- | | |
|--|--|
| <input type="checkbox"/> 1. Extreme Heart Murmur | <input type="checkbox"/> 12. Neck Injury |
| <input type="checkbox"/> 2. Drug Allergies | <input type="checkbox"/> 13. Nose Injury |
| <input type="checkbox"/> 3. Severe Hypertension | <input type="checkbox"/> 14. Facial Injury |
| <input type="checkbox"/> 4. Bleeding Disorders | <input type="checkbox"/> 15. Kidney Injury |
| <input type="checkbox"/> 5. Recent Infection | <input type="checkbox"/> 16. Ear Injury |
| <input type="checkbox"/> 6. Syncope of Different Origin | <input type="checkbox"/> 17. Severe Bone Bruise Requiring Padding |
| <input type="checkbox"/> 7. Bone Fracture Within Past 6 Months | <input type="checkbox"/> 18. Hepatitis or Different Origin |
| <input type="checkbox"/> 8. Joint Injury | <input type="checkbox"/> 19. Concussion or severe Head Trauma within Past Year |
| <input type="checkbox"/> 9. Seizures | <input type="checkbox"/> 20. Sexually Transmitted Diseases |
| <input type="checkbox"/> 10. Spinal Injury | <input type="checkbox"/> 21. Currently Taking Any Medication or Treatment |
| <input type="checkbox"/> 11. Eye Injury | |

If my medical history is not as represented above, I will take all responsibility and release all tournament officials from any and all liabilities.

Participant / Parent / Legal
Guardian Signature

Coach's Signature

Date

Note: If you checked any of the above, you will be required to check with the Tournament Medical Committee before competing in the tournament.

[For Official Use Only]

- ☐ Approved ☐ Not Approved for this event ☐ Approved with exception or restriction(s):

Chief Medical Judge Signature

Date



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Competitive Event Registration

To register for a competitive event, circle **Men** or **Women** for adult blackbelts, or **Youth** or **Adult Kyu** for junior blackbelt or kyu rank competition, then check the appropriate event.

Men/Women

Youths (ages 6 to 17)/Adult Kyu

<input type="radio"/>	Individual Kumite	<input type="radio"/>	Kata & Kumite
<input type="radio"/>	Individual Kata		
<input type="radio"/>	Fuku-go	<input type="radio"/>	Synchronized Kata (TEAM)
<input type="radio"/>	Synchronized Kata (TEAM)		
<input type="radio"/>	Man (Woman) / Man Enbu (TEAM)	<input type="radio"/>	Enbu (TEAM)
<input type="radio"/>	Kumite (TEAM)		

Fees

ADULTS: \$75 for 1 event, \$95 for two events, \$135 for three or more individual events
\$105 per team kate or Kumite per event, \$100 per team Enbu per event
YOUTHS: \$50 per individual, \$45 per kata team, \$40 per enbu team
ADULT KYUS: \$50 per individual, \$45 per kata team, \$40 per enbu team

Competitive event subtotal: \$ _____

International Camp and Judges' Seminar Registration

To register for the International Camp and/or Judges' Seminar check the applicable boxes: (\$150 for 3 days, \$130 for 2 days, \$100 for 1 day) (Events run concurrently)

- | | |
|---|--|
| <input type="checkbox"/> International Camp | <input type="checkbox"/> Wednesday June 21 st |
| <input type="checkbox"/> Judges' Seminar | <input type="checkbox"/> Thursday June 22 nd |
| | <input type="checkbox"/> Friday 23 rd |

Camp/Seminar subtotal: \$ _____

Total (make check payable to JSKA INTL). \$ _____

Participation in training, seminar, competition and credentialing requires current (2023) AAKF Membership. Non-AAKF participants will pay an additional fee of \$40.



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Youth Competitor Profile

Given that youth competitors of the same kyu rank vary greatly in height and weight, we ask that you provide the following information so that we can better assign you to the appropriate competition subgroup. Thank you!

NAME		AGE	KYU	HEIGHT	WEIGHT	GENDER	
FIRST	LAST					MALE	FEMALE



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2023 National Championships T Shirt



This year T shirts are 100% cotton with the above design and in gray color. You can order T shirt online and pay online by clicking or cut and paste the following link: <https://aakf2023.printify.me/>

The cost per T shirt is approximately \$21 (depends on the tax and shipping cost in your state. Shipping cost per T Shirt will be less for order more than One T Shirt which in turn will lower the cost of T shirt below \$21). You can order T shirt from now until end of June 2023.



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Banquet RSVP

For planning purposes only, we ask that you tentatively RSVP for the evening get-together on Saturday June 24, at Guapo's Charcoal Chicken & Taqueria Tex-Mex Restaurant (<https://www.guaposrotisserie.com/>). You'll pay for your own drinks and food.

Total People in Your Party _____



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Waiver and Release of Liability

In consideration of being permitted to participate in the activities conducted as 60th AAKF National Seminars & Championships and International Camp, facilitated by Japanese Shotokan Karate Association International ("JSKAINTL"), hosted by AAKF Mid-Atlantic Region ("MAR"), Sanctioned by the American Amateur Karate Federation ("AAKF"), and conducted on property owned by St. Joseph's Church in Herndon, Virginia ("St. Joseph"), I hereby agree as follows on behalf of myself, my personal representatives, heirs, beneficiaries and assigns.

I ACKNOWLEDGE AND AGREE that I have voluntarily applied to AAKF, MAR, JSKAINTL & St. Joseph to participate in Karate practice and competition; these activities are physically strenuous, dynamic, and challenging application of self-defense which includes, but is not limited to, punching, kicking, striking and grappling, both individually and with partners. I further understand that such activity includes inherent dangers including serious bodily injury, permanent disability, paralysis or death which may be caused from my actions or inactions, the actions or inactions of others or the conditions of the facility in which the activity is conducted and I understand and appreciate the nature of such hazards and risks. I also understand there may be other risks or other social or economic losses either not known to me or readily foreseeable at this time; and **I FULLY ACCEPT ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** incurred as a result of my participation in the activity. I have consulted with my physician prior to engaging in the practice of Karate with AAKF, MAR, JSKAINTL & St. Joseph and I am qualified, in good health and proper physical condition to participate in such activity. I am responsible for monitoring my own activity level and maintaining awareness of my own physical limitations. I further agree that I will immediately discontinue participation in any activity which I perceive to be unsafe for any reason.

Limited first aid by qualified medical personnel is available on site. However, the AAKF, MAR, JSKAINTL & St. Joseph have not set aside funds for athletes who suffer from incidental injuries requiring further medical attention and/or hospitalization. **I WILL BE REQUIRED TO PROVIDE PROOF OF CURRENT MEDICAL INSURANCE FOR THE DURATION OF PARTICIPATION, AND BE PERSONALLY RESPONSIBLE FOR OUT OF POCKET MEDICAL EXPENSES RESULTING FROM SUCH INJURIES.**

I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE AND AGREE TO RELEASE and HOLD HARMLESS AAKF, MAR, JSKAINTL and St. Joseph's Church, their administrators, members, governing board, directors, agents, officers, volunteers, employees and other participants, owners and lessors of the premises on which the activity takes place (each considered a "Releasee" and collectively referred to as "Releasees") from all liability, claims, demands, losses or damages on account caused or alleged in whole or in part by any act or omission of the Releasees in connection with the activities described above, whether or not caused in whole or in part by the negligence of any Releasee, including rescue operations, and further agree that if, despite this release, I or anyone on my behalf makes a claim against any Releasee, I will indemnify, save and hold harmless each of the Releasees from any litigation expenses, attorney's fees, loss liability, damage or cost as may occur as the result of such claim.

I agree to abide by all rules and regulations of the AAKF, MAR, JSKAINTL & St. Joseph and to exercise caution and restraint when practicing Karate individually and when taking part in the AAKF National Championship. I agree to immediately report any unsafe conditions which come to my attention, including but not limited to the floor or any equipment. Any intentional act to injure another participant is expressly prohibited. AAKF, MAR, JSKAINTL & St. Joseph reserve the right to dismiss any participant at any time for any reason.



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I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY; I INTEND IT TO BE A COMPLETE RELEASE OF ALL LIABILITIES TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE SHALL CONTINUE IN FULL FORCE AND EFFECT.

I, the undersigned, grant permission for my/our name(s), photographic image, and/or quotations to be published in print (including, but not limited to newsletters, brochures, newspapers, etc.), on the internet, shown on television, or used in videos, in conjunction with AAKF, MAR, JSKAINTL & St. Joseph events, DVD sales, promotional material, and/or other marketing media.

Participant Signature

Date

Coach Signature

Date



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Minor Release

I THE UNDERSIGNED IS THE PARENT OR LEGAL GUARDIAN FOR THE ABOVE PARTICIPANT WHO IS A MINOR AND REPRESENT THAT I HAVE THE AUTHORITY TO EXECUTE THIS WAIVER ON BEHALF OF THE PARTICIPANT. I UNDERSTAND THE DANGERS, THE NATURE OF KARATE AND ITS PRACTICE AS DESCRIBED ABOVE AND THE PARTICIPANT'S EXPERIENCE AND CAPABILITIES; I REPRESENT THAT THE PARTICIPANT IS QUALIFIED TO PARTICIPATE, IS IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. ON BEHALF OF THE PARTICIPANT AND MYSELF AND OUR RESPECTIVE PERSONAL REPRESENTATIVES AND HEIRS I HEREBY AGREE TO RELEASE AND INDEMNIFY THE RELEASEES DESCRIBED ABOVE FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES OR DAMAGES ON ACCOUNT CAUSED OR ALLEGED IN WHOLE OR IN PART BY ANY ACT OR OMISSION OF THE RELEASEES IN CONNECTION WITH THE ACTIVITIES DESCRIBED ABOVE, WHETHER OR NOT CAUSED IN WHOLE OR IN PART BY NEGLIGENCE OF ANY RELEASEE, INCLUDING RESCUE OPERATIONS, AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I OR ANYONE ON MY BEHALF MAKES A CLAIM AGAINST ANY RELEASEE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY'S FEES, LOSS LIABILITY, DAMAGE OR COST AS MAY OCCUR AS THE RESULT OF SUCH CLAIM.

Parent/Legal Guardian Name (please print)

Parent/Legal Guardian Signature

Date



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General Rules and Regulations for Athletes and Coaches

Martial art has a long history of using "Shi-ai" (testing each other) as a guide for future development and not for the purpose of winning only. Therefore, all karate athletes should keep in mind the highest ideals of Traditional Karate during competition.

Procedure for a Protest

1. All protests must go through a competitor's coach to the chief judge (in the case of Kata, Enbu and Ki-tei) or to the respective court's Kan-sa (in the case of Kumite and Ko-Go). The protest can be only on the basis of operational violation of the competition rules.
2. Competitors or coaches are not allowed to protest any technical, scoring and/or medical decisions as long as those decisions are based on competition rules.
3. The coach's protest must be reported prior to either competitor leaving the court during the contested match.
4. The coach's protest explanation shall not exceed five (5) minutes.
5. Once a decision has been reached on a specific protest, that decision shall be final. No further protest or appeals shall be tolerated. In the case where a coach or athlete persists in contesting the final decision, the Kan-sa shall have the authority to eject that coach or athlete from the competition area.
6. Any disrespect toward officials and judges by competitors or coaches during or after a match will not be tolerated and may serve as a cause for disqualification from the competition. It may also serve as a cause for ejection from the competition area.
7. If a protest has merit, then court judges should call a meeting and correct the violation. If a violation cannot be corrected, then the result is void and the match must be repeated.
8. In the case where court judges are unable to render a decision or in the case where a competition controversy is of a technical nature, the decision of the jury shall be final. A jury at a competition is comprised of the chief judge, assistant chief judge and three (3) other pre-designated judges.
Each member of the jury has one (1) vote and the decision should be based on majority. In the case of a tie, the chief judge will make the final decision.
9. If, after a competition match, a violation of rules is discovered and confirmed by the jury, the decisions of the competition shall become void and all records of that competition match shall be expunged, unless the violation can be corrected.
10. In the case where a question arises or a controversy exists that is not covered by the competition rules, the decision of the jury shall be final.
11. At the completion of the championship, no protest in any shape or form will be granted. The decisions and records of the championship will be final and cannot be altered or changed in any shape or form.



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Agreement of Understanding

I have read the AAKF Rules and Regulations for *Athletes and Coaches during Tournament*.
I understand and will fully abide by all the rules and regulations set forth.

Athlete Name (please print)

Athlete / Parent / Legal Guardian Signature

Date