



AAKF 61st National Championships
and International Camp

Registration Packet

www.ncr-aakf.org

June 19 - 22, 2024
Bloomington, Minnesota



AAKF 61st National Championships

Sanctioned by American Amateur Karate Federation
Hosted by the AAKF North Central Region

March 21, 2024

Dear AAKF Members,

The AAKF North Central Region welcomes you to the AAKF 61st National Championships and International Camp to be held in Bloomington, Minnesota from June 19 - 22, 2024.

Join us for this longstanding competition to uphold the *budo* spirit and the high standards of traditional karate through top caliber competition. The event will feature six individual and five team competition categories alongside the ever-thriving Junior National and Adult Kyu Championships.

Camp participation is open to all karateka and all ranks are invited to attend. If you are not a member of the AAKF, you will be charged an additional \$40.

All Adult and youth kyu competitors must 1) belong to a registered AAKF club, 2) be a member of the AAKF, and 3) have their rank registered with the AAKF. **In addition, all black belt competitors (adult and youth) must have their rank registered with the WTKF.** Contact your Regional Director for an application. The cost is \$150 for both organizations, or \$100 if your Dan rank has already been registered with the AAKF. **Please have all membership and registration requirements completed before submitting competition paperwork to the Regional Director.**

For further questions, please call Laurie Elliott at (612) 618-5248 or email lelliott742@gmail.com (note that Elliott has two t's). Registration information and entry forms are also posted at www.ncr-aakf.org.

Individual Athletes and Participants: Submit your forms to your Club Director by May 12, 2024

Regional Directors: To ensure that all participants are properly registered, mail all Athlete/Participant forms, photos, and Regional Rosters before the **May 20, 2024 deadline** to:

**Laurie Elliott
AAKF 61st National Championships
Midwest Karate Association
762 East 7th Street
St. Paul, MN 55106**

Fees/Payments should be made payable to: **NCR**

Email a copy of all Regional Rosters to M. Tabassi, AAKF Treasurer, at JSKAINTL@AOL.COM before the **May 20, 2024 deadline**.

Sincerely yours,

Laurie Elliott
Director, 61st National Championship Organizing Committee



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Table of Contents

Participant Information	Page
1. Action items and deadlines.....	4
2. Travel	5
3. Lodging	5
4. Gym Location	5
5. Schedule of Events.....	6
6. International Camp & Judge’s Seminar	7
7. Technical Qualifications & Tournament Participation.....	7
8. Competition Events – Adult Black Belt.....	8
9. Competition Events - Adult Kyu	8-9
10. Competition Events - Youth	9
11. Competitor Requirements.....	10
12. What to bring	10
13. Restaurants, Shopping & Activities.....	11

Registration Forms

13. Fees	13
14. Forms	12-17

- Registration
- Health History and Medical Release
- Waiver & Release of Liability
- Rules and Regulations for Athletes & Coaches



PARTICIPANTS: All four forms (6 pages) must be completed, signed and returned to your Club Director (along with a 2x2 photo) by May 12, 2024. The Club Director will forward your registration to the Regional Director and AAKF office.



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Action Items and Deadlines

Item	Process	Deadline
All Participants		
Reserve hotel	See Lodging (page 5)	Sun, May 19
Book flight/make travel arrangements		Mon, May 20
All Athletes and Judges		
Complete Registration, Waiver, Health History and Medical Release forms. Read and sign "Rules and Regulations." <u>Give all signed forms to Club Director.</u>	Complete Forms (pages 12-17)	Sun, May 12
All competitors: Provide a 2" x 2" ID picture (passport sized - head and shoulder shot) in JPEG. Director: Mail with registration forms.	Selfie, Kinkos, Walgreens	Sun, May 12
Arrange for payment for all competitive events, seminars (by check) with Club Director by mail.		Sun, May 12
Regional Director		
Collect all registrations from Club Directors		Mon, May 20
Verify eligible number of participants per event	Complete Regional Roster Packet	Mon, May 20
Reconcile fees for all registrations from region	See Regional Roster Packet	Mon, May 20
Send all completed athlete forms, checks, photos & 2016 AAKF Regional Roster Packet to: Laurie Elliott – c/o Midwest Karate Assn, 762 East 7th Street, St. Paul, MN 55106 Also email Regional Roster packet to M. Tabassi at JSKAINTL@AOL.COM		Mon, May 20
CHECK-IN REQUIREMENTS: On-site check-in is <u>required</u> for all participants		
Participants	Location	Deadline
All seminar participants*	Cedar Valley Church 8600 Bloomington Avenue South Bloomington, MN 55425 * If only attending the International Camp, same day registration is available.	Check-in when you arrive
All qualifying tournament judges		
All Adult and Youth Competitors		Wed, June 19, by 5 pm



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Travel

Airport Shuttle: The host hotel (Best Western Plus Bloomington) has shuttle service to and from the airport. The hotel is 5 - 10 minutes from the airport.

Airlines/Car Rental: Please contact airlines and car rental agency directly for your travel needs. Sites such as Expedia.com, TripAdvisor.com, Priceline.com and Travelocity.com make this convenient. The Minneapolis-St. Paul airport website is www.mspairport.com

Light Rail: The host hotel is about 2 blocks from the light rail system (located in the Mall of America). The hotel is located across from the Mall in the southwest corner. Blue, Green and Red lines are operational. metrotransit.org/metro-system

Taxi Service: Check with the hotel front desk for the most convenient and reliable taxi service. **Please note:** As of this time, Uber and Lyft have stated they are pulling out of the Minneapolis-St. Paul market due to minimum wage requirements recently passed by the Minneapolis City Council. More to come...

Lodging - Headquarters Hotel (same as 2016)

Best Western Plus Bloomington, 1901 Killebrew Drive, Bloomington, MN 55425, which is located directly across the street from Mall of America. Hotel direct: (952) 854-8200

Please use this link for your reservation:

[Best Western Plus Bloomington](#)

Tournament participants have a special rate of \$149 per night + tax/per day. This includes:

- Hotel shuttle
- Free parking
- Deluxe continental breakfast
- *Waterpark pool* & hot tub
- Washer/dryer on site (\$3/cycle)
- In-room microwave and refrigerator
- Free Wi-Fi

Check-in time: 4 pm. Check-out time: 11 am.

Rooms will be held until May 20

Gym - Cedar Valley Church, 8600 Bloomington Ave S, Bloomington, MN 55425



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Schedule of Events - June 19-22, 2024

Event	Time	Location	Notes
June 19 (Wednesday)			
International Camp	8:00 am – 12:00 noon	Cedar Velley Church Gymnasium 8600 Bloomington Avenue South Bloomington, MN 55425	Athlete check-in can be done by a teammate or coach, if needed.
Lunch break	12:00 noon – 1:45 pm		
International Camp	2:00 – 5:00 pm		
ATHLETE CHECK-IN DEADLINE	5:00 pm		
June 20 (Thursday)			
International Camp	8:00 am – 12:00 noon	Cedar Velley Church Gymnasium 8600 Bloomington Avenue South Bloomington, MN 55425	
Lunch break	12:00 noon – 1:45 pm		
International Camp	2:00 – 5:00 pm		
All Nationals Event Drawing	To be announced		
June 21 (Friday)			
International Camp	8:00 am – 12:00 noon	Cedar Velley Church Gymnasium 8600 Bloomington Avenue South Bloomington, MN 55425	
Lunch break	12:00 noon – 1:45 pm		
Credentialing Examinations	2:00 - 5:00 pm		
June 22 (Saturday)			
National Championships Adult Black Belt Youth Elite & Youth Kyu Adult Kyu	8:30 am - 4 pm	Cedar Velley Church Gymnasium 8600 Bloomington Avenue South Bloomington, MN 55425	Note: Tournament schedule subject to change depending on number of participants.
Banquet (at Host Hotel)	6 pm	Host Hotel breakfast area	



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International Camp and Judges Seminar Technical Qualifications and Tournament Participation

The AAKF National Championships will be preceded by a 3-day International Camp conducted in conjunction with the Judges' seminar. The International camp will emphasize Traditional Budo Principles, Fundamentals and Applications.

As in all AAKF camps, training is designed to improve the technical understanding of karatekas of all ranks and ages, for competing and non-competing athletes and cover all aspects of training (*kata, kumite, kogo, enbu*).

There will be exams conducted for dan rank, judge's qualifications, ranking examiner, and coaching qualification on Friday June 21, 2024.

All examinees are required to take part in all three days of training.

Judging Attire for AAKF National Championships

- Junior, Adult Kyu, and Adult Championship: white gi
- Adult Finals Championship: White gi top, black hakama bottom

Competition Rules - Click on these links

- WTKF/AAKF Competition Rules will be followed (for adult championships)
- [AAKF Youth Competition Rules](#) will be followed (for youths)
- [AAKF Adult Kyu Competition Rules](#) will be followed (for adult kyu)

Examinations for judges, dan rank, ranking examiner and coaching will be held at the end of the camp. All examinees are required to participate in all 3 days of training. For more information regarding the qualification requirements, visit the following links:

[Dan/Kyu Rank - Promotion Requirements](#)

[Judges – Certification Guide](#)

[Ranking Examiner Guide](#)

[Coach – Certification Guide](#)

[Dan Exam - Registration Form](#)

[Judge/Rank Examiner/Coach – Exam Registration Form](#)

Judge, Coach, Examiner - Exam Fees: \$100 per qualification (kata judge and kumite judge are separate exams)

Dan Exam Fee: \$100 for Sho Dan, \$200 for Ni Dan, \$300 for San Dan, and so on.



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Competition Events - Adult Black Belt Nationals

Ages 18 through 54 for Fukugo, Kumite and Team Kumite

No upper age limit for Kata, Team Kata and Enbu

The competition events for the AAKF Adult National Championships are below:

Competition Event	Description
Men's Individual Kata	Demonstration of Traditional Karate Kata.
Women's Individual Kata	Demonstration of Traditional Karate Kata.
Men's Synchronized Kata	Three men perform a Kata together. In the final match, the athletes demonstrate the application of the techniques in the Kata and Bunkai.
Women's Synchronized Kata	Three women perform a Kata together. In the final match, athletes demonstrate the application of the techniques in the Kata and Bunkai.
Man/Woman Enbu	A man/woman pair of athletes perform choreographed offense/defense techniques.
Man/Man Enbu	A man/man pair of athletes perform choreographed offense/defense techniques.
Men's Fuku-go	A synthesis of Kumite and Ki-tei Kata – matches alternate between Kumite and Kata.
Women's Fuku-go	A synthesis of Kogo Kumite and Ki-tei Kata – matches alternate between Kogo and Kata.
Men's Individual Kumite	A match between two men employing free sparring without contact.
Women's Individual Kumite	A match between two women employing free sparring without contact.
Men's Team Kumite	Kumite between two, 3-man teams. The winning team is that with the highest total score.

Competition Events - Adult Kyu Nationals

The Adult Kyu competition is a combined kata and kumite event. Kata and kumite requirements for each division are the same as the AAKF Youth Nationals Rules. Divisions may be combined as necessary based on the number of entries. In a combined division, participants will perform the kata associated with their division. The kumite exchanges will be based on the participant in the lowest division.



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Competition Events - Youth & Adult Kyu Nationals

Ages: Youth - Ages 6 through 17; Adult - 18 and up

Ranks: Youth - 8th Kyu and above; Adult 8th Kyu - 1st Kyu

Youth & Adult Kyu **INDIVIDUAL** events:

Competition Event	Description
Class Elite Black Belt (youth only)	Kata: Bassai Dai Kanku Dai Jion Empi (<i>pick one</i>) Kumite: Kogo (points/penalties per WTKF Rules; no OT)
Class A 1st and 2nd Kyu	Kata: Bassai Dai Kanku Dai Jion Empi (<i>pick one</i>) Kumite: Kogo (points/penalties per WTKF Rules; no OT)
Class B 3rd and 4th Kyu	Kata: Tekki Shodan Kumite: 4 exchanges (2 each); designated attacker; aka and shiro take turns for tsuki and kerri attacks.
Class C 5th and 6th Kyu	Kata: Heian Yondan Kumite: 3 exchanges; either side initiates, Chudan only; gyaku-zuki vs uke-waza and gyaku-zuki; no kicks.
Class D 7th and 8th Kyu	Kata: Heian Nidan Kumite: 4 exchanges (2 each); Ippon kumite, jodan and chudan tsuki.

Note: Classes may be combined depending on number of participants at Tournament Organizer's (TO) sole discretion. In case of combining, kata & kumite requirement will be adjusted to lower level class per TO sole discretion.

Youth & Adult Kyu **TEAM** events:

Competition Event	Description
Synchronized Kata	Three athletes (same or mixed gender) perform a Kata together. There is no bunkai requirement.
Enbu	A pair of athletes (same or different genders) perform choreographed offense/defense techniques.

There is no specific age or rank requirement for Synchronized Kata or Enbu team members. The teams may include members of various ages, ranks and genders. However, youth and Adult Kyu competitors may not combine to form teams.

Note: The requirements for the Youth Nationals **in general** are a rank of 8th Kyu or above and between the ages of 6 and 17 years. Please refer to the link on page 7 for the full description of the AAKF Youth Competition Rules.



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National Adult Black Belt Competitor Requirements

- Each Participant must be a registered 2024 AAKF individual member and belong to a club that is a 2024 AAKF registered member.
- Each Adult National participant must have a Black Belt ranking.
- Each Adult National participant must have their rank registered with the AAKF and the WTKF.
- Each Adult National Competitor must be 18 years of age or older.
- Each Adult National Competitor participating in Kumite or Fuku-go must be between 18 and 54 years of age.

Youth & Adult Kyu Competitor Requirements

- Each Participant must be a registered 2024 AAKF individual member and belong to a club that is a 2024 AAKF registered member.
- Each Kyu Participant must have their Kyu rank registered with the AAKF. All youth black belt participants must have their rank registered with the AAKF and the WTKF.
- Each Youth National participant must be between 6 and 17 years of age and hold a rank of 8th Kyu or above.
- Each Adult Kyu National participant must be 18 years of age or older and hold a rank of 8th Kyu - 1st Kyu.

What to bring

Average June temperatures in the area range from the upper 70's (days) to the upper 50's (nights).

Don't forget the following items when attending the Championships:

Athletes

- White karate gi
- Official WTKF competition gloves (*kumite athletes only*)
- Mouth guard (required)
- Athletes *may* wear groin protection (*men*) or chest protection (*women*)

Judges

- White karate gi
- Hakama
- Whistle
- WTKF Competition Rule Book



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Restaurants, Shopping & Activities

[Mall of America](#): We are pleased to be home to the largest shopping mall in America! In addition to an amazing shopping experience,

MOA also has many restaurants (see below) and family activities including movie theatres, Nickelodeon Universe (indoor theme park), Crayola Experience, SeaLife Aquarium, Lego Land, Amazing Mirror Maze, ClimbZone, Build-A-Bear Workshop, Flyover America, and Moose Mountain Miniature Golf. The Mall is located about 2 blocks (walking distance) from the host hotel. mallofamerica.com

Remember: All clothing purchases in Minnesota are tax-free!

IKEA: Located one block north of the Mall of America

[Twin Cities Premium Outlets](#): Located about 6 miles south of the Mall of America

Area Restaurants

The Mall of America has many restaurants for all price ranges and tastes, including Masu Sushi & Robata, Kura Sushi, Bubba Gump Shrimp Co, Benihana, Cadillac Ranch, CRAVE, Margaritaville, Rainforest Café, Twin City Grill, and many more, plus a food court with all the standard vendors.

Outside the Mall you'll find (walking distance from hotel):

T.G.I. Friday's

IHOP

Chevys Fresh Mex

And many other nearby restaurants to choose from.

Area Activities

If you're willing to venture further out, visit these fun attractions:

Valleyfair Amusement Park (valleyfair.com)

Minnesota Zoo (mnzoo.org)

Science Museum of MN (simm.org)

Minneapolis Institute of Art (artsmia.org)

Minneapolis Sculpture Garden (walkerart.org/visit/garden)

Walker Art Center (walkerart.org)



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REGISTRATION, WAIVER, HEALTH HISTORY AND MEDICAL RELEASE, RULES AND REGULATIONS

Event Information

Name: AAKF 61st National Championships
AAKF 12th Youth National Championships
AAKF 9th Adult Kyu National Championships
AAKF International Camp and Judges' Seminar

Gym Location: Cedar Valley Church, 8600 Bloomington Ave S, Bloomington, MN 55425

Host Hotel: Best Western Plus Bloomington, 1901 Killebrew Drive, Bloomington, MN 55425

Dates: June 19-22, 2024

Participant Information (please print)

Name: _____ Age _____ Gender _____
(on date of competition)

Parent / Legal Guardian Name (under age 18) _____

Street Address _____

City _____ State _____ Zip _____

Email _____ Phone _____

AAKF Member #: _____ AAKF Rank Registration #: _____ WTKF Rank Registration #: _____
(All Black Belts-adult and youth)

Emergency Contact Name _____ Phone _____

Street Address _____

City _____ State _____ Zip _____

Youth Competitors Only Youth competitors of the same rank can vary greatly in height and weight. Please provide the following information so we can better assign athletes to the appropriate subgroup. Thank you!

Kyu _____ Height _____ Weight _____

Participants: Return this completed form to your Club Director by May 12, 2024.



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Athlete/Participant Name: _____

Fees

- ADULT: \$75 for 1 event, \$95 for two events, \$135 for three or more individual events
\$105 per Team Kata/Kumite, \$100 per Team Enbu
- YOUTH: \$50 per individual, \$45 per Team Kata, \$40 per Team Enbu
- ADULT KYU: \$50 per individual, \$45 per Team Kata, \$40 per Team Enbu

Competition Event Registration

Competition event subtotal: \$ _____

To register for a competition event(s) check the desired boxes:

Men

- Individual Kata
- Synchronized Kata (TEAM)
- Man / Woman Enbu (TEAM)
- Man / Man Enbu (TEAM)
- Fuku-go
- Individual Kumite
- Team Kumite (TEAM)

Women

- Individual Kata
- Synchronized Kata (TEAM)
- Man / Woman Enbu (TEAM)
- Fuku-go
- Individual Kumite

Youths (ages 6 to 17)

- Kata & Kumite - Rank _____
- Synchronized Kata (TEAM)
- Enbu (TEAM)

Adult Kyu

- Kata & Kumite - Rank _____
- Synchronized Kata (TEAM)
- Enbu (TEAM)

International Camp & Judges' Seminar Registration

Camp/Seminar subtotal: \$ _____

Events run concurrently. \$150 for three (3) days, \$130 for two (2) days, \$100 for one day. (The Camp is free for 2023-2024 USA Team Members.) To register for the International Camp and/or Judges' Seminar, mark the applicable boxes:

- International Camp
- Wednesday June 19
- 2023-2024 USA Team Member (no fee)
- Judges' Seminar
- Thursday June 20
- Non-AAKF member (add \$40 to fee)
- Friday June 21

NON-AAKF Members will be charged \$40 in addition to the regular camp fee.

Banquet RSVP

We are planning a Saturday night pizza party with beverages and dessert at the host hotel. Pre-registration is needed for planning purposes. Cost will be \$15 per person, Payable upon check-in.

Total People in your Group _____

Total (make check payable to NCR): \$ _____

Participants: Return this completed form to your Club Director by May 12, 2024.



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Athletes & Judges - Health History

My Present Health History: Athlete Name _____

Please check all that apply:

- | | |
|--|--|
| <input type="checkbox"/> 1. Extreme Heart Murmur | <input type="checkbox"/> 12. Neck Injury |
| <input type="checkbox"/> 2. Drug Allergies | <input type="checkbox"/> 13. Nose Injury |
| <input type="checkbox"/> 3. Severe Hypertension | <input type="checkbox"/> 14. Facial Injury |
| <input type="checkbox"/> 4. Bleeding Disorders | <input type="checkbox"/> 15. Kidney Injury |
| <input type="checkbox"/> 5. Recent Infection | <input type="checkbox"/> 16. Ear Injury |
| <input type="checkbox"/> 6. Syncope (fainting) of Different Origin | <input type="checkbox"/> 17. Severe Bone Bruise Requiring Padding |
| <input type="checkbox"/> 7. Bone Fracture Within Past 6 Months | <input type="checkbox"/> 18. Hepatitis of Different Origin |
| <input type="checkbox"/> 8. Joint Injury | <input type="checkbox"/> 19. Concussion or severe Head Trauma within past Year |
| <input type="checkbox"/> 9. Seizures | <input type="checkbox"/> 20. Sexually Transmitted Diseases |
| <input type="checkbox"/> 10. Spinal Injury | <input type="checkbox"/> 21. Currently Taking Any Medication or Treatment. If yes, please specify: |
| <input type="checkbox"/> 11. Eye Injury | |

Medical Release

If my medical history is not as represented above, I will take all responsibility and release all tournament officials from any and all liabilities.

Participant / Parent / Legal Guardian Signature Coach's Signature Date

Note: All athletes are required to check-in with the Tournament Medical Committee before competing in the tournament.

Participants: Return this completed form to your Club Director by May 12, 2024.

[For Official Use Only]

() Approved () Not Approved for this event () Approved with exception or restriction(s):

Chief Medical Judge Signature Date



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Waiver and Release of Liability

In consideration of being permitted to participate in the activities conducted by American Amateur Karate Federation (AAKF) and affiliated clubs, North Central Region (NCR) hosted by AAKF North Central Region (NCR), Sanctioned by the American Amateur Karate Federation (AAKF), and conducted on property owned by Cedar Valley Church in Bloomington, Minnesota, I hereby agree as follows on behalf of myself, my personal representatives, heirs, beneficiaries and assigns.

I ACKNOWLEDGE AND AGREE that I have voluntarily applied to AAKF, NCR & Cedar Valley Church to participate in Karate practice and competition; these activities are physically strenuous, dynamic, and challenging application of self-defense which includes, but is not limited to, punching, kicking, striking and grappling, both individually and with partners. I further understand that such activity includes inherent dangers including serious bodily injury, permanent disability, paralysis or death which may be caused from my actions or inactions, the actions or inactions of others or the conditions of the facility in which the activity is conducted and I understand and appreciate the nature of such hazards and risks. I also understand there may be other risks or other social or economic losses either not known to me or readily foreseeable at this time; and **I FULLY ACCEPT ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** incurred as a result of my participation in the activity. I have consulted with my physician prior to engaging in the practice of Karate with AAKF, NCR & Cedar Valley Church and am qualified, in good health and proper physical condition to participate in such activity. I am responsible for monitoring my own activity level and maintaining awareness of my own physical limitations. I further agree that I will immediately discontinue participation in any activity which I perceive to be unsafe for any reason.

Limited first aid by qualified medical personnel is available on site. However, the AAKF, NCR & Cedar Valley Church have not set aside funds for athletes who suffer from incidental injuries requiring further medical attention and/or hospitalization. **I WILL BE REQUIRED TO PROVIDE PROOF OF CURRENT MEDICAL INSURANCE FOR THE DURATION OF PARTICIPATION, AND BE PERSONALLY RESPONSIBLE FOR OUT OF POCKET MEDICAL EXPENSES RESULTING FROM SUCH INJURIES.**

I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE AND AGREE TO RELEASE and HOLD HARMLESS AAKF, NCR, and Cedar Valley Church, their administrators, members, governing board, directors, agents, officers, volunteers, employees and other participants, owners and lessors of the premises on which the activity takes place (each considered a "Releasee" and collectively referred to as "Releasees") from all liability, claims, demands, losses or damages on account caused or alleged in whole or in part by any act or omission of the Releasees in connection with the activities described above, whether or not caused in whole or in part by the negligence of any Releasee, including rescue operations, and further agree that if, despite this release, I or anyone on my behalf makes a claim against any Releasee, I will indemnify, save and hold harmless each of the Releasees from any litigation expenses, attorney's fees, loss liability, damage or cost as may occur as the result of such claim.

I agree to abide by all rules and regulations of the AAKF, NCR and Cedar Valley Church, and to exercise caution and restraint when practicing Karate individually and when taking part in the AAKF National Championship. I agree to immediately report any unsafe conditions which come to my attention, including but not limited to the floor or any equipment. Any intentional act to injure another participant is expressly prohibited. AAKF, NCR & Cedar Valley Church reserve the right to dismiss any participant at any time for any reason.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY; I INTEND IT TO BE A COMPLETE RELEASE OF ALL LIABILITIES TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE SHALL CONTINUE IN FULL FORCE AND EFFECT.



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I, the undersigned, grant permission for my/our name(s), photographic image, and/or quotations to be published in print (including, but not limited to newsletters, brochures, newspapers, etc.), on the internet, shown on television, or used in videos, in conjunction with AAKF, NCR and Cedar Valley Church events, DVD sales, promotional material, and/or other marketing media.

Participant Signature

Date

Coach Signature

Date

Minor Release

I, THE UNDERSIGNED, IS THE PARENT OR LEGAL GUARDIAN FOR THE ABOVE PARTICIPANT WHO IS A MINOR AND REPRESENT THAT I HAVE THE AUTHORITY TO EXECUTE THIS WAIVER ON BEHALF OF THE PARTICIPANT. I UNDERSTAND THE DANGERS, THE NATURE OF KARATE AND ITS PRACTICE AS DESCRIBED ABOVE AND THE PARTICIPANT'S EXPERIENCE AND CAPABILITIES; I REPRESENT THAT THE PARTICIPANT IS QUALIFIED TO PARTICIPATE, IS IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. ON BEHALF OF THE PARTICIPANT AND MYSELF AND OUR RESPECTIVE PERSONAL REPRESENTATIVES AND HEIRS I HEREBY AGREE TO RELEASE AND INDEMNIFY THE RELEASEES DESCRIBED ABOVE FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES OR DAMAGES ON ACCOUNT CAUSED OR ALLEGED IN WHOLE OR IN PART BY ANY ACT OR OMISSION OF THE RELEASEES IN CONNECTION WITH THE ACTIVITIES DESCRIBED ABOVE, WHETHER OR NOT CAUSED IN WHOLE OR IN PART BY NEGLIGENCE OF ANY RELEASEE, INCLUDING RESCUE OPERATIONS, AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I OR ANYONE ON MY BEHALF MAKES A CLAIM AGAINST ANY RELEASEE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY'S FEES, LOSS LIABILITY, DAMAGE OR COST AS MAY OCCUR AS THE RESULT OF SUCH CLAIM.

Parent/Legal Guardian Name (please print)

Parent/Legal Guardian Signature

Date

Participants: Return this completed form to your Club Director by May 12, 2024.



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General Rules and Regulations for Athletes and Coaches

Martial art has a long history of using “Shi-ai” (testing each other) as a guide for future development and not for the purpose of winning only. Therefore, all karate athletes should keep in mind the highest ideals of Traditional Karate during competition.

Procedure for a Protest

1. All protests must go through a competitor’s coach to the chief judge (in the case of Kata, Enbu and Ki-tei) or to the respective court’s Kan-sa (in the case of Kumite and Ko-Go). The protest can be only on the basis of operational violation of the competition rules.
2. Competitors or coaches are not allowed to protest any technical, scoring and/or medical decisions as long as those decisions are based on competition rules.
3. The coach’s protest must be reported prior to either competitor leaving the court during the contested match.
4. The coach’s protest explanation shall not exceed five (5) minutes.
5. Once a decision has been reached on a specific protest, that decision shall be final. No further protest or appeals shall be tolerated. In the case where a coach or athlete persists in contesting the final decision, the Kan-sa shall have the authority to eject that coach or athlete from the competition area.
6. Any disrespect toward officials and judges by competitors or coaches during or after a match will not be tolerated and may serve as a cause for disqualification from the competition. It may also serve as a cause for ejection from the competition area.
7. If a protest has merit, then court judges will call a meeting and correct the violation. If a violation cannot be corrected, then the result is void and the match must be repeated.
8. In the case where court judges are unable to render a decision or in the case where a competition controversy is of a technical nature, the decision of the jury shall be final. A jury at a competition is comprised of the chief judge, assistant chief judge and three (3) other pre-designated judges.
Each member of the jury has one (1) vote and the decision will be based on majority. In the case of a tie, the chief judge will make the final decision.
9. If, after a competition match, a violation of rules is discovered and confirmed by the jury, the decisions of the competition shall become void and all records of that competition match shall be expunged, unless the violation can be corrected.
10. In the case where a question arises or a controversy exists that is not covered by the competition rules, the decision of the jury shall be final.
11. At the completion of the championship, no protest in any shape or form will be granted. The decisions and records of the championship will be final and cannot be altered or changed in any shape or form.

Agreement of Understanding

I have read the AAKF Rules and Regulations for *Athletes and Coaches during Tournament*. I understand and will fully abide by all the rules and regulations set forth.

Athlete Name (please print)

Athlete/Parent/Legal Guardian Signature

Date

Participants: Return this completed form to your Club Director by May 12, 2024.