

The North Central Region presents:

Mini-Seminar: *Kumite –initiation/timing*



Sharpen your kumite skills and get valuable feedback & insights. We have 4 Senseis and everyone will have an opportunity to work on:

1. Tai Sabaki
2. Timing
3. Distance

When: October 26, 2024
12n - 2pm

Where: Shotokan Karate MN
1517 Central Avenue NE,
Minneapolis, MN 55413
612-870-1795

Fee: \$25/student; \$40/Family

All Ranks are invited!

Register online at <https://NCR>
or at-the-door

Traditional Karate
North Central Region

Regional Representatives of the AAKF

